



香港精神科醫學院

The Hong Kong College of Psychiatrists Ltd.

Website: <http://www.hkpsych.org.hk/> Email: hkpsych@hkam.org.hk

Newsletter #1-2011

21 January 2011

Thank you message from the Organising Committee of the Second HK-UK Joint International Conference (BBM10):

Dear Fellows, Members, Inceptors and Affiliates,

On behalf of the Organising Committee and the College Council, I would like to thank all of you for supporting and participating in the Second Joint Conference of the Hong Kong College of Psychiatrists and the Royal College of Psychiatrists held on 11-13 December 2010. I think you would all agree with me that the conference was again a resounding success. It was attended by more than 470 delegates from around the world. We have further consolidated many useful alliances with our counterparts in China, Taiwan, Macau as well as international colleagues. We have also made use of this special occasion to sign a Memorandum of Understanding on Collaboration between The Royal College of Psychiatrists and The Hong Kong College of Psychiatrists, to further strengthen the longstanding relationship between the two Colleges.

I would like to take this opportunity to thank the Organising Committee, in particular Prof. Linda Lam, Dr. WC Chan and Dr. Roger Ng, whose tireless effort and attention to details were crucial in ensuring the success of this conference. I would like to thank the Scientific Committee for securing speakers of the highest quality while ensuring adequate representation of local research work at the same time. I would also like to thank Prof. Sandra Chan, Dr. Wai-him Cheung, Dr. William Chui, Dr. Ka-lik Kwan, Dr. Allen Lee, Dr. Edwin Lee, Dr. Jess Leung, Dr. Winki Tai, Dr. Cindy Tam and Dr. Wai-song Yeung for painstakingly editing the abstract and programme books. Last but not least, I would like to thank all our helpers, which made up of young trainees, interns, medical students and researchers interested in psychiatry, and all the talented Fellows and Members who performed in our Gala dinner without whom the smooth running of the conference would not have been possible.

Thank you once again.

Dr. Se-fong HUNG
Co-Chairman, Organising Committee
The Second HK-UK Joint International Conference (BBM10)

Please take note of the following announcements:

I. The President's Prize for the Best Part III Candidate sponsored by the Yao Yiu Sai Education and Charitable Memorial Fund

The result of the captioned prize for 2010 are as follows:

Best Part III candidate award: **Dr. Frances CHENG**

The winner will be given approximately HK\$20,000 for the purpose of financing a period of overseas training in psychiatry of his/her choice or to attend the Annual Meeting of the Royal College of Psychiatrists of that year.

II. Announcement from the Sponsorships Committee

Twenty-two applications were received from Mainland China delegates to apply for sponsorships to participate at the Second HK-UK Joint International Conference (BBM10). Fifteen of them registered and took part at the Conference. These 15 delegates were granted HK\$2,000 each from the Yao Yiu Sai Education and Charitable Memorial Fund.

III. Change in Contact Details and/or Status

Fellows, Members, Inceptors and Affiliates are reminded to inform the College for any change in correspondence address and/or status from time to time. The relevant form is enclosed with this newsletter.

IV. Central Commissioned Training

The College is co-organising the Central Commissioned Training on "Borderline Personality Disorder: Recent Advances in Aetiology, Course and Treatments" with the Central Coordinating Committee of the HAHO on 5 and 6 March 2011 (9:00 a.m. - 5:00 p.m.). Members of all categories are welcome to register to attend. A poster of the programme and an enrolment form are attached with this newsletter.

V. CME/CPD Information

The Education Committee would like to inform members that the List of CME/CPD activities for 2010 and the CME/CPD Guidelines for the 2011 cycle have been posted on the College website at <http://www.hkpsych.org.hk/>.

Thank you for your attention.

Dr. WH CHEUNG
Honorary Secretary
The Hong Kong College of Psychiatrists

For Fellows, Members, Inceptors and Affiliates of HKCPsych Only



The Hong Kong College of Psychiatrists Ltd.

香港精神科醫學院

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 The Hong Kong College of Psychiatrists
 Room 906, Hong Kong Academy of Medicine Jockey Club Building,
 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
 (Fax. No. (852) 2870-1391)

Notification of Change of Personal Particulars

Name (in block letters):	<input type="checkbox"/> Prof. <input type="checkbox"/> Dr. <input type="checkbox"/> Mr.	
	<input type="checkbox"/> Ms. <input type="checkbox"/> Miss	
With effect from _____, please change my records as follows:		
New correspondence address:		
Room/Flat:	Floor:	Block:
Name of building/estate:		
No. and name of Street/Road:		
District:	Hong Kong / Kowloon / NT	
Postal code:		
Country:		
New correspondence contact numbers / e-mail address:		
Office telephone no.		
Facsimile No.:		
Mobile phone/pager:		
E-mail address:		
Change of status: (For Fellows Only if applicable)		
Current status:		
<input type="checkbox"/> Public sector (HA/University)	<input type="checkbox"/> Private sector	
<input type="checkbox"/> Retired	<input type="checkbox"/> Overseas	
New status:		
<input type="checkbox"/> Public sector (HA/University)	<input type="checkbox"/> Private sector	
<input type="checkbox"/> Retired	<input type="checkbox"/> Overseas	

Signature:

Contact telephone number:

Date:



醫院管理局
HOSPITAL
AUTHORITY

Central Commissioned Training in Psychiatry 2010-11

Borderline Personality Disorder:

Recent Advances in Aetiology, Course and Treatments



Overseas Speaker: **Prof. Anthony W Bateman** MA FRCPsych

Director, Psychotherapy Services and Research Lead, St. Ann's Hospital
Visiting Professor, University College London
Chief Examiner, Royal College of Psychiatrists, UK

Date 5 & 6 March, 2011

Time 9 am – 5 pm

Venue Lecture Theatre, G/F, Centre for Health Protection,
147C Argyle Street, Kowloon

Organizers Hospital Authority & Hong Kong College of Psychiatrists

Enrollment Deadline: 21 February 2011



All doctors, nurses and allied health colleagues are welcomed.
CME / CNE (Pending)

Enquiries: 2300 6256 (Ms Maggie LEE) and 2300 6689 (Mr. Gary CHING)

Abstract:

In this workshop a general overview of the theory and clinical treatment of borderline personality disorder will be given. But the emphasis will be on how theory informs clinical practice. Day 1 will provide a theoretical base relevant to all clinicians and those managers responsible for service delivery. Day 2 will cover essential clinical interventions that can be used by all clinicians treating patients with Borderline Personality Disorder (BPD). Finally the concept of mentalizing as a unifying feature of all therapies used to treat patients with BPD will be outlined. Mentalization is the process by which we implicitly and explicitly interpret the actions of ourselves and others as meaningful on the basis of intentional mental states (e.g., desires, needs, feelings, beliefs, & reasons). The aim of most treatments for BPD is to increase this capacity in order to ensure better regulation of affective states and to increase interpersonal and social function. Some specific aspects of this treatment will be discussed and contrasted with other treatments for borderline personality disorder using clinical examples.

Programme Rundown:

Day 1 5 March 2011 (Saturday)

Venue: Lecture Theatre, G/F, CHP

Chairperson: Roger NG, FHKAM (Psychiatry), Chief of Service, Department of Psychiatry, Kowloon Hospital	
09:00 – 09:15	Reception and registration
09:15 – 10:45	Overview and Theory of Borderline Personality Disorder (BPD)
10:45 – 11:00	Tea Break
11:00 – 12:00	Current Biological Model of BPD
12:00 – 12:30	Principles of Treatment of BPD: The Use of Medications
12:30 – 13:30	Lunch
Chairperson: Dr. Phyllis CHAN, FHKAM (Psychiatry) Consultant, Department of Psychiatry, Queen Mary Hospital	
13:30 – 15:15	Current Psychological Model of BPD
15:15 – 15:30	Tea Break
15:30 – 16:15	Evidence Base for Various Treatment Modalities Including Pharmacotherapy
16:15 – 16:45	Discussion / Q&A

Day 2 6 March 2011 (Sunday)

Venue: Lecture Theatre, G/F, CHP

Chairperson: Dr. Teresa CHAN, FHKAM (Psychiatry), Senior Medical Officer, Department of Psychiatry, Tai Po Hospital	
09:00 – 09:15	Reception and registration
09:15 – 10:45	Psychological Treatments (Supportive Psychotherapy and Others)
10:45 – 11:00	Tea Break
11:00 – 11:45	Case Discussion 1
11:45 – 12:30	Case Discussion 2
12:30 – 13:30	Lunch
Chairperson: Dr. May MIAO, FHKAM (Psychiatry) Senior Medical Officer, Department of Psychiatry, United Christian Hospital	
13:30 – 15:00	Mentalization Enhancing Interventions
15:00 – 15:15	Tea Break
15:15 – 16:00	Case Discussion 3
16:00 – 16:30	Conclusion / Q&A



**Central Commissioned Training in Psychiatry 2010-11
5 & 6 March 2011**



**Borderline Personality Disorder:
Recent Advances in Aetiology, Course and Treatments**

Enrollment Form

To: HAHO (Fax: 2194 6882) or (Email: leeyp@ha.org.hk)

Attn.: Ms Maggie LEE (Tel: 2300 6256)

The following staff(s) from our department will attend the Central Commission Training as indicated:

Name	Rank/ Post	5 March 2011 Saturday (Y/N)	6 March 2011 Sunday (Y/N)

Name of Coordinator _____
Department _____
Hospital _____
Tel _____
Fax _____
Email _____
Date _____

Enrollment Deadline: 21 February 2011