

Date: 21 January, 2011 (Friday)
22 January, 2011 (Saturday)

Time: 9:00am – 5:00pm

Venue: Lecture Theatre 2, G/F,
Cheung Kung Hai Conference Centre,
William M. W. Mong Block,
Li Ka Shing Faculty of Medicine, HKU
香港大學李嘉誠醫學院蒙民偉樓
鍾江海會議中心地下2號演講廳

Medium of instruction: English

Registration Details:

Workshop Fee:
Members: HK\$450/1 day
 HK\$850/2 days
Non-members: HK\$500/1 day
 HK\$900/2 days

(handouts, certificate of attendance, buffet lunch, refreshment included)
Number of places is limited to 95. Registration will be made on a first-come first-served basis.

CME/CNE/CE/CPE accreditation per day

Hong Kong College of Psychiatrists	Pending
Institute of Advanced Nursing Studies	Pending
Hong Kong Psychological Society	Pending
Board of Occupational Therapists of Hong Kong	Pending

Enquiry and Registration

Address: c/o Prof. Eric Chen
Department of Psychiatry
The University of Hong Kong
Queen Mary Hospital
102 Pok Fu Lam Road
Hong Kong
Tel: (852) 6075 6504 (Ms. Gloria Chan)
Fax: (852) 2872 7495



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**Hong Kong
Early Psychosis Intervention Society**
香港思覺失調學會

Registration Form

Cognitive-Behavioural Therapy for Early Psychosis

Personal Information

Prof. Dr. Mr. Miss Ms. Mrs.

Surname: _____

First Name: _____

Tel: _____ Fax: _____

Email: _____

Institution: _____

Position: _____

Correspondence Address: _____

Payment Details

I will attend the workshop on 21 January 2011
 22 January 2011

Enclosed please find a crossed cheque of HK\$ _____
(Amount) payable to:

Hong Kong Early Psychosis Intervention Society

Please return this form with payment to:

c/o Prof. Eric Chen
Department of Psychiatry, The University of Hong Kong,
Queen Mary Hospital, 102 Pok Fu Lam Road, Hong Kong

Note:

1. Number of places is limited to 95 & registration will be made on a first-come first-served basis.
2. Confirmation will be sent to registrants by email / fax / mail before the workshop.
3. The organizers reserve the right to change the venue, date and programmes due to unforeseeable circumstances.



**Hong Kong
Early Psychosis Intervention Society**
香港思覺失調學會



Department of Psychiatry
Li Ka Shing Faculty of Medicine
The University of Hong Kong
香港大學李嘉誠醫學院精神醫學系

Workshop 工作坊

Cognitive-Behavioural Therapy for Early Psychosis

思在人為：
早期思覺失調的認知行為治療



21 - 22 January 2011 (Friday-Saturday)

The Hong Kong Early Psychosis Intervention Society (EPISO), co-organizing with the Department of Psychiatry, Li Ka Shing Faculty of Medicine, the University of Hong Kong, is pleased to announce a two-day workshop, "Cognitive-Behavioural Therapy for Early Psychosis". The workshop provides an invaluable opportunity for frontline professionals to acquire knowledge of Cognitive-Behavioural Therapy (CBT) applications in the intervention of early psychosis. At the workshop, two experienced clinicians from the United Kingdom, Dr. Emmanuelle Peters and Dr. Kathryn Greenwood, will conduct sessions including an in-depth discussion of CBT for early psychosis, specific techniques for managing symptoms, and skills adaptations for early intervention services. Knowledge delivered in the workshops will equip professionals with a more comprehensive understanding of interventions for early psychosis. The workshop is designed for professionals in medicine, nursing, psychology, social work, counselling and education, as well as individuals interested in intervention services for early psychosis.

香港思覺失調學會將與香港大學李嘉誠醫學院精神醫學系協辦題為「思在人為：早期思覺失調的認知行為治療」的兩天工作坊。此次工作坊提供寶貴的機會予前線專業人士，透過互動形式了解認知行為治療於早期思覺失調介入服務中的應用技巧和知識。於工作坊上，來自英國並擁有豐富經驗的Dr. Emmanuelle Peters 和 Dr. Kathryn Greenwood將主持一系列講座和討論。內容包括深入探討早期思覺失調的認知行為治療、介入技巧，和針對性的早期介入服務。這些知識可以讓專業人士更全面地了解和實踐早期思覺失調的介入服務。是次工作坊專為從事醫護、社會工作、輔導、教育及心理學的專業人士而設，並歡迎熱心於早期思覺失調服務的人士參與。

www.episo.org

Day 1

21 January 2011 (Friday)

In-depth Discussion of Cognitive-Behavioural Therapy for Voices and Delusions 深入探討幻聽及妄想的認知行為治療

During the first day of the workshop, Dr. Emmanuelle Peters and Dr. Kathryn Greenwood will provide an in-depth discussion of Cognitive-Behavioural Therapy (CBT) in the context of early psychosis treatment. Specifically, the application of CBT to the symptoms of auditory hallucinations and delusions will be addressed. The morning session will concentrate on engaging and assessing patients; the afternoon session will focus on developing and applying appropriate CBT techniques. Workshop participants can expect an engaging experience as the materials are delivered through a variety of mediums including presentations, interactive exercises, and role-plays. 工作坊首天，Dr. Emmanuelle Peters 和 Dr. Kathryn Greenwood 會先深入探討認知行為治療於早期思覺失調治療中的應用，並探究如何參與治療及使用認知行為治療處理幻聽及妄想。工作坊分為上、下午兩部分。上午部分將集中討論如何為患者進行評估，而下午部分則會進一步講解如何建立及運用認知行為治療技巧。工作坊將以簡報、互動練習、角色扮演等多種形式進行，令參加者能更投入其中。

9:00am – 9:15am	Registration
9:15am – 9:30am	Overview <i>Prof. Eric Chen</i>
9:30am – 10:50am	Engagement and Assessment (Part 1) <i>Dr. Emmanuelle Peters & Dr. Kathryn Greenwood</i>
10:50am – 11:10am	Break
11:10am – 12:30pm	Engagement and Assessment (Part 2) <i>Dr. Emmanuelle Peters & Dr. Kathryn Greenwood</i>
12:30pm – 1:50pm	Lunch
1:50pm – 3:10pm	Formulation and Intervention Techniques (Part 1) <i>Dr. Emmanuelle Peters & Dr. Kathryn Greenwood</i>
3:10pm – 3:20pm	Break
3:20pm – 4:40pm	Formulation and Intervention Techniques (Part 2) <i>Dr. Emmanuelle Peters & Dr. Kathryn Greenwood</i>
4:40pm-5:00pm	Overall Remarks <i>Dr. Emmanuelle Peters, Dr. Kathryn Greenwood & Prof. Eric Chen</i>

Day 2

22 January 2011 (Saturday)

Specific Adaptations of Cognitive-Behavioural Therapy for Early Intervention Services 早期介入服務的針對性認知行為治療

On the second and final day, Dr. Greenwood and Dr. Peters will present further CBT techniques, this time modified for application within early intervention services. The sessions will build on the previous day's materials, highlighting the stages in which alterations must be made to CBT applications for early intervention patients. As before, the presenters aim to apply the knowledge gained through numerous interactive activities. 第二天的工作坊，Dr. Greenwood 和 Dr. Peters 將更深入地介紹認知行為治療技巧，並講解如何應用它們於早期介入服務。兩位講者會根據第一天所介紹的內容，深入探討如何為患者於不同階段提供相應的認知行為治療。兩位講者將繼續以多種互動活動，令參與者能運用所學到的技巧。

9:00am – 9:15am	Registration
9:15am – 9:30am	Overview <i>Prof. Eric Chen</i>
9:30am – 11:00am	Part 1 <i>Dr. Kathryn Greenwood & Dr. Emmanuelle Peters</i>
11:00am – 11:20am	Break
11:20am – 1:00pm	Part 2 <i>Dr. Kathryn Greenwood & Dr. Emmanuelle Peters</i>
1:00pm – 2:30pm	Lunch
2:30pm – 3:30pm	Part 3 <i>Dr. Kathryn Greenwood & Dr. Emmanuelle Peters</i>
3:30pm – 3:40pm	Break
3:40pm – 4:40pm	Part 4 <i>Dr. Kathryn Greenwood & Dr. Emmanuelle Peters</i>
4:40pm – 5:00pm	Overall Evaluation <i>Dr. Kathryn Greenwood, Dr. Emmanuelle Peters & Prof. Eric Chen</i>



Dr Emmanuelle Peters

BSc, MSc, PhD, CPsychol



Consultant Clinical Psychologist | Senior Lecturer in Clinical Psychology

Dr Peters, who has specialised in psychosis for the last 20 years, is a Senior Lecturer in Clinical Psychology at the Institute of Psychiatry, King's College London and an Honorary Consultant Clinical Psychologist for the South London and Maudsley NHS Foundation Trust's National Psychosis Service. She is the Director of the award-winning Psychological Interventions Clinic for Outpatients with Psychosis (PICuP) service, based at Maudsley Hospital, and part of the Centre for Psychological Therapies for Psychosis. With specialized experiences, Dr Peters coordinates the psychosis teaching on the Doctorate in Clinical Psychology course and provides supervision and teaches other mental health professionals in the UK and abroad.

Other roles

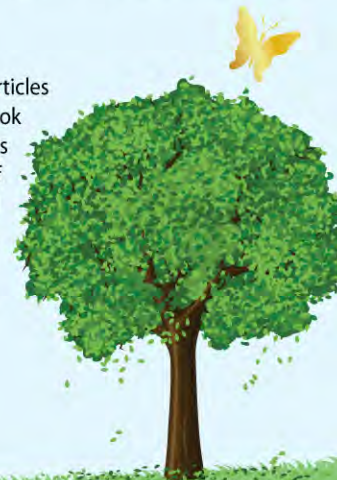
Dr Peters completed her PhD in Psychosis (1992) and MSc in Clinical Psychology (1994) at King's College London, Institute of Psychiatry. Following time as a Wellcome Post-Doctoral Fellow, she obtained a Lectureship at University College London. She returned to the Institute of Psychiatry in 1999 and was made a Senior Lecturer in 2004.

Academic Background

In 2003, she was awarded the May Davidson Award from the British Psychological Society for 'outstanding contribution to the development of clinical psychology within the first 10 years of qualification'.

Research

Dr Peters has published over 50 articles in peer-reviewed journals and book chapters. Research interests include, the continuity models of mental illness, psychological models of psychotic symptoms, specifically delusions, and Cognitive Behaviour Therapy (CBT) for psychosis.



Dr Kathryn Greenwood

BSc, PhD, DclinPsy, CPsychol



Clinical Psychologist | Research Fellow in Clinical Psychology

Dr Greenwood is a Research Fellow in Clinical Psychology at the University of Sussex and a Clinical Psychologist in the Sussex Early Intervention in Psychosis Service (www.sussexpartnership.nhs.uk/public/eips). Previous posts included work in the South London and Maudsley Trusts National Psychosis Service and the award-winning Psychological Interventions Clinic for Outpatients with Psychosis (PICuP) service, based at Maudsley Hospital

Other roles

Dr Greenwood has 15 years research and clinical experience in psychosis. She is Psychosis Research Lead in Sussex, UK and leads the newly formed Sussex Psychosis Research interest Group (www.sussex.ac.uk/spriglab). She provides supervision and training to other mental health professionals and academics in various aspects of psychosis therapy and research. She has focussed specifically on early intervention in psychosis since 2008.

Academic Background

Dr Greenwood completed her PhD in Psychosis (1999) and her Doctorate in Clinical Psychology in (2002) at King's College London, Institute of Psychiatry. She has been working both clinically and in research with psychosis since that time. She has been co-applicants on a number of successful grants to explore new outcome measures in CBT for psychosis and to develop new CBT and motivational interviewing interventions to improve physical and mental health outcomes in psychosis.

Research

Dr Greenwood has a number of peer-reviewed articles in journals as well as book chapters. Research interests include exploring understandings of the experience of psychosis and factors that moderate remission and recovery from a broad bio-psycho-social perspective. Inherent in the research is the translation of research into meaningful health and well-being benefits for people with psychosis, their families and carers. Of relevance in first episode psychosis is research into facilitators and barriers to engagement in services, and the development of interventions to promote greater mental health awareness and positive attitudes to mental health in children.