



**Clinical Division of Psychotherapy ,  
the Hong Kong College of Psychiatrists  
&  
Department of Psychiatry,  
Tai Po Hospital**



**Department of Psychiatry  
Tai Po Hospital**

## **Psychoanalysis' Transition from the 20<sup>th</sup> to the 21<sup>st</sup> Century: The Evolution of a Unified Clinical Psychoanalytic Model**

**Speaker:** Alan Karbelnig, PhD, ABPP  
**Date:** 16 January, 2017 (Monday)  
**Time:** 09:00 – 16:00  
**Venue:** Lecture Theatre, 1/F, Block J, Alice Ho Miu Ling Nethersole Hospital, Tai Po  
**Chairperson:** Dr. Rachel Ko, Department of Psychiatry, Tai Po Hospital

### **About the Workshop**

The workshop will focus on the evolution of contemporary psychoanalysis. It will review the evolution in psychoanalytic theory from British Object Relations to Self-Psychology, Intersubjectivity, and Relational Psychoanalysis. A unifying clinical nomenclature will be introduced.

### **About the Speaker**

Dr. Alan Karbelnig, PhD, ABPP, is a licensed psychologist and marriage, family, and child therapist, practices in Pasadena, California where he offers psychoanalytically oriented psychotherapy to individuals, couples, families, and groups. He received formal psychoanalytic training at the New Center for Psychoanalysis (NCP), where he serves as a Supervising and Training Analyst and as a Senior Faculty. An award-winning teacher, Dr. Karbelnig lectures nationally and internationally including in Beijing, China, where he taught 'British Object Relations Theory' as part of the curriculum presented by the Chinese American Psychoanalytic Alliance (CAPA), and in Delhi and Ahmedabad, India where he lectured on 'The Lover, the Exorcist, and The Critic: Understanding Depth Psychotherapists' Work' for the Antarnad Foundation. He teaches 'The Relational Turn' to residents in Psychiatry at UC Irvine. A scholar in psychoanalysis, psychoanalytic psychotherapy, and mental health law and ethics, Dr. Karbelnig has published articles in professional journals and in a variety of periodicals. He founded, serves on the Board of Directors, and teaches at Rose City Center – a not-for-profit psychoanalytic psychotherapy clinic that serves low income persons in the Pasadena area. Dr. Karbelnig is also Board Certified in Forensic Psychology by the American Board of Professional Psychology (ABPP). In addition to his psychotherapy practice, he provides forensic psychology services, specializing in employment and administrative law.

### **Registration**

Registration Deadline: 9 January 2017

Seats are limited. Registration is on a first-come, first-served basis.

The workshop is free-of-charge. Psychiatrists and paramedicals are welcome.

For enquiries, please contact Ms. Janice Ng at Tel: 2871 8776 or by email: [janice@hkpsych.org.hk](mailto:janice@hkpsych.org.hk)

## Program

- 08:30 – 09:00 Registration
- 09:00 – 10:00 Session 1: Introduction (Overview of program)
- Reviewing evolution in psychoanalytic theory from British Object Relations to Self-Psychology, Intersubjectivity, and Relational Psychoanalysis
  - Introducing a unifying clinical nomenclature
- 10:00 – 11:00 Session 2: Overview of British Object Relations Theory
- Foundations in Freud and Klein
  - Fairbairn
  - Winnicott
  - Balint
- 11:00 – 11:15 Tea Break
- 11:15 – 12:30 Session 3: Transition to contemporary psychoanalytic models
- The evolution from modernism to post-modernism
  - Self-psychology
  - Intersubjectivity
  - Relational psychoanalysis
- 12:30 – 13:30 Lunch Break
- 13:30 – 14:45 Session 4: A nomenclature for unifying clinical psychoanalysis
- Framing
  - Presence
  - Engagement
- Section 5: Transference
- Section 6: Counter-transference
- Section 7: Case examples
- Carlos
  - Gilda
  - Ramona
  - Participant Case No 1
  - Participant Case No 2
- 14:45 – 15:00 Tea Break
- 15:00 – 16:00 Session 8: Discussion
- Review of Topics Covered
  - Questions and Answers



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### **Registration Form**

Name (To be written on the certificate of attendance in English): \_\_\_\_\_

Title (Prof/ Dr/ Mr/ Ms): \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Organization: \_\_\_\_\_

Correspondence Address: \_\_\_\_\_

RSVP before 9 January 2017 to Ms Janice Ng at [janice@hkpsych.org.hk](mailto:janice@hkpsych.org.hk) or +852 2870 1391

### **Remarks**

1. Seats are limited. Registration is on a first-come, first-served basis.
2. Registration Deadline: 9 January 2017
3. The acceptance of registration is at organizers' sole discretion. Successful applicants will be informed by email.
4. The organizer reserves the right to modify the programme and reject a registration at any point of time.
5. For enquiries, please contact Ms. Janice Ng at Tel: 2871 8776 or by email [janice@hkpsych.org.hk](mailto:janice@hkpsych.org.hk)