



The Problem of the Unconscious in Clinical Practice: Accessing, Assessing, Interpreting and Treating

Ronald Teague, PhD, ABPP
14-15th & 17-18th January 2017



The Problem of the Unconscious in Clinical Practice: Accessing, Assessing, Interpreting and Treating

Dates: 14-15 January 2017 (Saturday-Sunday) and 17-18 January 2017 (Tuesday -Wednesday)
Time: 9:30 to 17:00 (Registration begins at 09:15)
Venue: Room 301, Multi-purpose Room, 3/F, Li Ka Shing Medical Science Building, Prince of Wales Hospital, Shatin, N.T.

Overview

An essential difference between psychodynamic psychotherapy and other types of psychotherapy is that psychodynamic theory asserts the existence of an Unconscious mind that is active in the daily life of people. One of the problems with this assumption is that by its very nature the conscious mind can only indirectly observe the workings of the Unconscious Mind. C.G. Jung said “the problem with the Unconscious is that it is really unconscious”. Different psychodynamic theoreticians have developed often radically different ideas about how the Unconscious mind works. These differences can be exasperating for the clinician who wants to access the Unconscious mind to help suffering mental health patients. The understandable confusion which faces the mental health professional when facing Unconscious problems can lead to frustrated treatment approaches and variable clinical outcomes.

This workshop will examine the development of the major ideas about the Unconscious mind as well as the range of methods that are in current use to access and treat problems which the patients are unaware of.

This workshop will be divided into 2 parts:

Part I (14-15th Jan 2017):

The first part of the workshop will examine the theoretical development of the ideas about how the Unconscious operates in general and more specifically how it functions in psychopathology.

Part II (17-18th Jan 2017):

The second part of the workshop will examine clinical methods for accessing and treating Unconscious functioning in mentally ill patients.

Course Outline

1. Early Human Experience of the Unconscious in Pre-literate Cultures
2. The Experience of the Unconscious in Traditional Peoples and Cultures
3. The Experience of the Unconscious in Everyday Life
4. Religious Use of the Unconscious for healing in Fr. Glassner's Work
5. Mesmer and Hypnosis
6. Further Developments in Hypnosis and Conceptual Problems in Understanding it
7. The Nancy and Salpêtré Schools of Hypnosis
8. Charcot, Flournoy and Janet, Freud and Jung: the development of a “Modern” Approach to the Unconscious
9. Empirical and Phenomenological Methods for Accessing the Unconscious
10. Dealing with the Contaminating Effect of a Patient's Pathological Unconscious
11. Different Culture Free Ways of Accessing and Evaluating the Unconscious in the Clinical Setting
12. Interpreting and Using the Emerging Unconscious Material in Patients



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Learning Objectives:

Students who complete this class should be able to:

1. Understand how the Unconscious operates in Primitive people
2. Understand how the Unconscious operates in Uneducated people
3. Understand how the Unconscious operates in educated people
4. Be able to develop and integrated culture free understanding of Unconscious processes in clinical populations
5. Be able to access Unconscious processes by the use of in vivo projective techniques
6. Be able to integrate various patient Unconscious expressions into a comprehensive clinical assessment
7. Be able to form a rudimentary clinical plan that is based upon the comprehensive assessment
8. Be able to execute the clinical plan with basic psychodynamic techniques
9. Be able to evaluate the ongoing effectiveness of the basic clinical plan using in vivo projective techniques
10. Be able to adjust the clinical plan to shifting Unconscious developments in the patient
11. Be able to detect negative effects of Unconscious contamination by the patient's Unconscious on the mental state of the psychotherapist
12. Be able to free oneself from u=Unconscious contamination and engage in psychotherapist self care.

Recommended Reading:

Ellenberger, H. F. (1970). The discovery of the unconscious; the history and evolution of dynamic psychiatry. New York: Basic Books.

Moderators: Dr. Miranda Chan, Department of Psychiatry, United Christian Hospital
Dr. Mark Wong, Department of Psychiatry, United Christian Hospital

CME/CPD: Psychiatrists - 5 CME points per day, 18 CME points for whole function under PP/CP (List A)
MCHK CME, CE and CPD are pending



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About the speaker

Ronald W. Teague, PhD, ABPP

Founding Professor

California School of Professional Psychology of Alliant International University

Specialties and Interests:

- Analytic Psychology (Jungian)
- Phenomenology and the Human Sciences
- Psycho-history and Psycho-Philosophical Dialogues

He taught at the Sacramento and Hong Kong Campuses where he was the director of the Analytic Psychology Emphasis. He teaches courses in

- Psycho-dynamic Psychotherapy,
- Analytic Psychology,
- The Clinical Use of Dreams,
- The Philosophical Underpinnings of Clinical Psychology,
- The Ethical and Legal Practice of Clinical Psychology,
- Human Science and Phenomenological Research Methods,
- Psycho-History,
- Psycho-Anthropology.

Professor Teague has taught at the California School of Professional Psychology for over 40 years. He is a Licensed Psychologist in the State of California, and Certified by the American Board of Psychoanalysis in Psychology. Professor Teague is a Fellow of both the American Academy of Clinical Psychology and the American Academy of Psychoanalysis in Psychology. He has been an Oral Examiner for the California Board of Psychology and the Founder of the San Joaquin Psychological Association. He has been sought by several Mental Health Institutions and professional groups. He has an active private practice in California.

Target participants:

Psychiatrists and psychologists who want to learn psychodynamic psychotherapy to help their clinical work and are motivated to seek further training through on-going clinical supervision will be most encouraged to join us. Other clinicians with adequate clinical experience are also welcome.

Remarks: Please note that a minimum of 36 participants is required for the workshop to proceed.



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Programme:

Times	Outline
09:15 – 09:30	Registration
09:30 – 10:45	Class
10:45 – 11:15	Break
11:15 – 12:30	Class
12:30 – 14:00	Lunch
14:00 – 15:15	Class
15:15 – 15:45	Break
15:45 – 17:00	Case discussion

Registration fees:

Early Bird (on or before 15 Dec 2016)

Workshop	Fee
4-day Workshop	\$4400
2-day Workshop (Part I or Part II)	\$2400

Normal Rate (after 15 Dec 2016)

Workshop	Fee
4-day Workshop	\$5000
2-day Workshop (Part I or Part II)	\$2800

Deadline of Registration: 10 January 2017

Case discussion

Case sharing is most welcome. Prof. Teague will work on cases together with the students and the class to help arrive at psychodynamic formulations and treatment plans. If you are interested to discuss a case, please kindly send a brief case summary to Dr. Mark Wong (wjs406@ha.org.hk) at least 2 weeks prior to the workshop.

Organizers:



Clinical Division of Psychotherapy, the Hong Kong College of Psychiatrists



Department of Psychiatry, Faculty of Medicine, the Chinese University of Hong Kong



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Registration Form

Name (To be written on the certificate of attendance in English): _____

Title (Prof/Dr/Mr/Ms): _____ Tel: (Mobile) _____ Email: _____

Occupation: _____ Organization: _____

Corresponding address: _____

Payment (Please ✓ as appropriate) (*Deadline for early bird: 15 Dec 2016*)

4-day Workshop (14-15 and 17 -18 January 2017)	<input type="checkbox"/> HK\$4400 (Early bird) <input type="checkbox"/> HK\$5000 (Normal rate)
2-day Workshop (14-15 January 2017)	<input type="checkbox"/> HK\$2400 (Early bird) <input type="checkbox"/> HK\$2800 (Normal rate)
2-day Workshop (17-18 January 2017)	<input type="checkbox"/> HK\$2400 (Early bird) <input type="checkbox"/> HK\$2800 (Normal rate)

Cheque payable to The Hong Kong College of Psychiatrists Limited by post to: Ms. Janice Ng, Room 906, 9/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, H.K.

Signature: _____ Date: _____

Remarks:

1. Seats are limited and would be given on a first-come-first-serve basis (*member of Clinical Division of Psychotherapy of HK College of Psychiatrists will be given priority for registration*)
2. The organizer reserves the right to modify the programme and reject a registration at any point of time.
3. Registration will be confirmed only when full payment has been received by the College. Confirmation will be sent by email prior to the Workshop.
4. Official receipt will be issued at the registration counter on the first day of the Workshop.
5. All fees are non-refundable.
6. If the Typhoon Signal no. 8 or above, or the Black Rainstorm Warning Signal is hoisted, the Workshop will be cancelled. Details of further arrangement will be announced later.