



# 香港精神科醫學院

The Hong Kong College of Psychiatrists Ltd.

Website: <http://www.fmshk.com.hk/hkcp> Email: [psychiatry@hongkong.com](mailto:psychiatry@hongkong.com)

## Newsletter #1-2006

13 January 2005

Dear Fellows, Members, Inceptors and Affiliates,

Please take note of the following announcements:

### **I. Yao Yiu Sai Education and Charitable Memorial Fund**

The results of the YYS Education and Charitable Memorial Fund 2005 are as follow:

1. Best Part III candidate award: **Dr. LAM Chi Leung** and **Dr. Lisa LAU**
2. Best Part II candidate award: **Dr. Jackie CK FU**
3. Scholarship for fellows of or less than three years seniority: no application in 2005

Each winner will be given approximately HK\$20,000 for the purpose of financing a period of overseas training in psychiatry of his/her choice before July 2006.

### **II. Best Presentation Award in the Annual Scientific Meeting 2004**

The prize for the best presentation in the Senior Trainee Forum of the Annual Scientific Meeting 2005 was awarded to **Dr. John SO** for his presentation entitled "*Understanding insight in a sample of long-stay patients with schizophrenia: factors associated with unawareness of illness in a guided illness model approach*". Dr. SO will receive HK\$3000 worth of book token.

### **III. Announcements from the Education Committee**

#### **A. Annual CME/CPD return for 2005**

The Education Committee would like to remind fellows, members and inceptors to submit their CME/CPD returns for 2005. The relevant CME report forms are attached in this newsletter. Please note that CME/CPD returns for *fellows* should be submitted to Dr. TL Lo (KCH); while those for *members and inceptors*, if required, should be submitted to Dr. Timothy Yeung (CPH).

The list of CME activities for 2005 has been uploaded to the College website. Please note that because of its considerable length, the list will not be printed as hardcopies for distribution. The list can be accessed at this address: <http://www.fmshk.com.hk/hkcp/7.htm>

## **B. New CME-related forms**

Please be reminded that four new forms have been uploaded to the College website under the section "*Scientific Activities*" to replace the old "*CME/CPD approval form*" to accommodate changes in CME regulations and improve ease of application. These new forms include:

1. Individual Fellow CME Application Form
2. Local Training Unit CME Application Form
3. Overseas CME Attendance Record Form
4. Organisation CME Application Form

## **C. Overseas CME attendance record**

The Education Committee would also like to remind Fellows who attended overseas CME activities but could not obtain an attendance certificate for whatever reason that they need to make use of the new "*Overseas CME Attendance Record Form*" and complete them *before* leaving the CME activity site (need to ask the organisation to have a chop or some kind to prove their attendance).

Thank you for your attention

Best regards,



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Dr. Eric CHEUNG  
Honorary Secretary  
The Hong Kong College of Psychiatrists

# Obituary

Dr. George Ou

Formerly Medical Superintendent, Castle Peak Hospital

Dr. George Ou was born in Mauritius, attended high school there before he went to Shanghai to study Medicine at the Aurora University. It was there that he met his future wife, Angela Chen Sin, a fellow medical student. They got married in England while doing postgraduate work and their eldest daughter Cissy was born there. Their intended return to China was interrupted by the events of 1949 and they thus settled in Hong Kong instead.

Dr. Ou entered psychiatry under the late Professor PM Yap, who pioneered the mental health service in Hong Kong. He obtained his DPM in the late 1950s while working and training at the Maudsley Hospital in London and he later became the first medical superintendent of the integrated (male and female sections) Castle Peak Hospital which officially opened to receive patients in 1961. With the ardent support of contemporaries like Drs. WH Lo, CL Wong, MH Wong and others, Dr. Ou developed the service from an inpatient base to include also outpatient and day hospital mode of services.

As a senior member of the medical profession, Dr. Ou sat on numerous expert advisory councils and committees of the Government, especially those dealing with management of the criminally insane, substance abusers, and people of different sexual orientations. He was also active in the promotion of mental health in the community, training of psychiatrists, psychiatric nurses and ancillary professionals.

With other colleagues, Dr. Ou founded the Mental Health Association and the Hong Kong Psychiatric Association, which later became the Hong Kong College of Psychiatrists. Having spear-headed the methadone outpatient maintenance service in the early 1970s, Dr. Ou retired from the civil service in 1975 and entered private practice the following year. He retired completely from clinical work in the early 1990s to devote more time to his passions of reading, music, travelling and horse racing. He has all along enjoyed excellent health, amicable friendships here and abroad and close family ties. Dr. Ou is survived by his wife Angela, daughters Cissy, Kitty and Yvonne, their husbands Dart, Patrick and Thomas and grandchildren Jason, Kenneth and Kristin.

The Hong Kong College of Psychiatrists  
28 December 2005