

Core Competencies

Clinical Division of Substance Misuse & Addiction Psychiatry

The Hong Kong College of Psychiatrists

Date: May 2011

Working Group on Core Competency:

Dr. LAM Ming (Chairman)

Dr. CHEUNG Wai Him (Secretary)

Dr. WONG Chi Keung (PYNEH)

Dr. CHAN Kai Tai (CPH)

Dr. HO Ka Yun Karen (CPH)

Dr. KO Shuk Fun (KCH)

Dr. LAM Kit Sum Anna (QMH)

Dr. PAO Sze Yuan Ronnie (KCH)

Dr. TANG Ka Lam Alan (PWH)

Dr. TUNG Chi Kwong (CPH)

Dr. WONG Man Tak (KH)

Dr. YEUNG Sze Wing Amy (CPH)

Objective 1

After training in substance misuse and addiction psychiatry, a trainee should be able to perform patient assessment as well as document relevant history and examination in the following areas:

1. Presenting complaint
2. History of present illness
3. History of addictive behaviour
4. Past psychiatric history
5. Past physical history
6. Family history
7. Developmental history

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|---|--|--|
| <p>Detailed knowledge of nature, pharmacological effects and adverse effects of different commonly misused substances</p> <p>Detailed knowledge of other addictive behaviour such as gambling, ? internet</p> | <p>Ability to make a detailed assessment of various problems of patient such as addictive, psychiatric, physical and social aspects</p> <p>Ability to make a detailed assessment of cognitive function and detect presence of substance misuse related brain disorder</p> <p>Ability to assess gambling disorders</p> <p>Ability to make assessments of substance misuse disorder & addictive behaviour in different settings such as out-patient, in-patient and consultation liaison in general hospital</p> <p>Ability to apply specific skills required for special groups e.g. pregnant women, LD, adolescent, elderly</p> <p>Ability to make assessment of mental capacity especially with reference to intoxication</p> | |

Objective 2

Demonstrate the ability to construct formulations of patients' problems that including differential diagnoses

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|---|---|--|
| Familiar with similarities and differences between ICD 10 and DSM diagnostic criteria on misuse, dependence and related disorders | Ability to differentiate substance-induced psychiatric condition from independent psychiatric condition | |

Objective 3

Demonstrate ability to develop a plan of management including relevant investigation and treatment, taking into account of biological, psychological and socio-cultural aspects.

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|--|--|
| Detailed knowledge of the systemic complications of substance misuse and its treatments | Ability to interpret the result of drug toxicology tests or alcometer | - to discuss treatment options with the client, making sure that they are aware of the options available to them, and helping them consider which of these options they wish to follow |
| Detailed knowledge of various methods of drug or alcohol detection and their limitations | Ability to interpret the score of various withdrawal scales | |
| Detailed knowledge of various substance withdrawal scales | Ability to induct and complete detoxification for drug or alcohol dependent patients | |
| Detailed knowledge of psychosocial and pharmacological management of different substance use disorders and addictive behaviour | Ability to manage substance-induced or co-morbid psychiatric conditions | |
| Knowledge of available local service providers for patients with substance misuse or addictive behaviour | Ability to provide psychological intervention such as motivational interviewing, relapse prevention counselling | |
| | Ability to manage patients with addictive behaviour in different settings such as out-patient, in-patient and consultation liaison in general hospital | |

Objective 4

Demonstrate the ability to assess a patient's potential risk to self or others in clinical and emergency settings, and to formulate and implement effective measures to minimize the risk, including the involuntary treatment standards and procedures.

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|---|--|
| Knowledge of mental health ordinance (MHO) especially when involuntary treatment can be applied to patients with substance misuse or addictive behaviour | Ability to understand and apply the principles of harm minimization Ability to apply MHO correctly | |

Objective 5

Demonstrate the ability to conduct therapeutic interviews and a range of individual, group and family therapies and to integrate them into everyday treatment.

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|---|--|
| Understanding and clinical application of specific psychological treatments e.g. motivational interviewing, relapse prevention | Ability to conduct motivational interviewing and relapse prevention counselling | <ul style="list-style-type: none">- being respectful- being warm, friendly and affirming- being open- to develop rapport- to listen to the client's concerns in a manner which is nonjudgmental, supportive and sensitive, and which conveys a comfortable attitude when the client describes their experience |

Objective 6

Demonstrate the ability to assess and treat patient with chronic and severe mental disorders

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|---|--|
| Detailed knowledge of psychosocial and pharmacological management of severe mental illness and personality disorders in patients with substance misuse or addictive behaviour Understand the concepts related to stages of change model | Ability to manage polydrug misuse or dependence Ability to manage dual diagnosis | |

Objective 7

Demonstrate ability to use effective communication with patients, relative and colleagues.

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|------------------|---|--|
| | Ability to establish and maintain working relationships and understand the needs of families and carers | |

Objective 8

Demonstrate the ability to work effectively with colleagues and partners

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|---|---|--|
| Understand the role and responsibilities of different disciplines of the team Understand the role and responsibilities of partners of other agencies | Ability to work closely with colleagues in multi-disciplinary team Ability to work closely with partners of other agencies | |

Objective 9

Demonstrate the ability to develop appropriate leadership skills

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|---|--|
| Understand appropriate assumption and delegation and devolvement of responsibility | Ability to review and supervise the implementation of care plans by colleagues in the multi-disciplinary team Ability to apply understanding of relationship between substance use disorder, mental health and social problems in service design | |

Objective 10

Demonstrate the ability to understand research methodology and critical appraisal of research literature.

| Knowledge | Skills | Attitudes demonstrated through behaviours |
|--|---|--|
| Understand the specific features and difficulties in research on substance misuse or addictive behaviour | Ability to design and conduct research on substance misuse or other addictive behaviour | |