



香港精神科醫學院

The Hong Kong College of Psychiatrists Ltd.

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Newsletter #2-2011

4 March 2011

Please take note of the following announcements:

I. Announcement from The Board of Examiners

Hong Kong CASC 2011

The next Clinical Assessment of Skills and Competencies (CASC) of the Royal College of Psychiatrists will be held in Hong Kong on 19-21 October 2011. Application forms will be available for download from the Royal College website on 6th June 2011 (www.rcpsych.ac.uk). The opening date for receipt of applications is 20th June 2011. The closing date for receipt of applications is the 8th July 2011, applications should be sent to the Royal College and will be processed in accordance with the Eligibility Criteria and Regulations for the MRCPsych Examinations.

External Examiner of the mid-year Part II Fellowship Examination

Professor Dinesh Bhugra from United Kingdom will be the external examiner for the coming mid-year Part II Fellowship Examination in May. Professor Bhugra is the President of the Royal College of Psychiatrists (UK), he is also the Professor of Mental Health and Cultural Diversity at the Institute of Psychiatry, King's College London, and an Honorary Consultant at the Maudsley Hospital.

II. Leadership and Management Skills Workshop

A two-day interactive workshop on leadership and management skills will be presented by Professor Dinesh Bhugra on 21 May and 22 May 2011 at Hong Kong Academy of Medicine Jockey Club Building. It covers a wide range of important topics such as negotiation and influencing skills, managing teams, how to work with policy makers, how to chair and facilitate meetings, and how to write and review papers. The workshop is open to all college fellows, members and inceptors, and the registration is **free**. We urge interested participants to register early as seats are very limited. Invitation has been sent to all fellows, members and inceptors by email. A poster and enrolment form are enclosed for your perusal. For enquiries, please email to hkpsych_ea@hkam.org.hk or call 28718776.

III. The Second Asia Maudsley Forum, 3rd – 5th September 2011

The Hong Kong College of Psychiatrists, in collaboration with the Institute of Psychiatry, King's College, University of London and the Department of Psychiatry, The University of Hong Kong, would be organising the Second Asia Maudsley Forum scheduled on 3rd – 5th September 2011. Pamphlets, preliminary timetable and application form of the course are enclosed for your perusal.

The Second Asia Maudsley Forum is designed for junior specialists, psychiatry trainees and clinical psychologists with active research interests. Places are limited. Please visit the College

website at www.hkpsych.org.hk for more information or send your enquires to hkpsych_eo@hkam.org.hk or call 28718770.

IV. Newsletter of the clinical division of rehabilitation and social psychiatr

Newsletter of the clinical division of rehabilitation and social psychiatry is attached in the appendix for your perusal and reference.

Thank you for your attention.

Dr. WH CHEUNG
Honorary Secretary
The Hong Kong College of Psychiatrists



CLINICAL DIVISION OF REHABILITATION AND SOCIAL PSYCHIATRY



THE HONG KONG COLLEGE OF PSYCHIATRISTS

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Experience of Service Users in Local Recovery Service

There is now a strong interest in the incorporation of recovery concepts into the organization and delivery of mental health services in various countries and places. The experience of the service user and their view on the recovery service are highly valued. Here are some comments from our local service users on our developing "recovery-oriented" services:

"I have been participating in the clubhouse for more than 4 years. Initially I was not very motivated to join the activities," a clubhouse member said. "As time went by, I made new friends there. Now clubhouse becomes my home where I have a lot of chances to try things that I have never done before. I also share my experience with others and help in public education."



A service user remarked, "I become more optimistic and ready to face new challenges. Every new experience helps me to grow and understand myself more. I hope I can use my life to enlighten others in the future."

"I didn't like meeting or group sharing all along. I was used to be very passive and reluctant to talk about my illness. However, I find that sharing of my experience is not as difficult as I initially thought. I feel being supported in the group meeting and I start to enjoy the process. The other group members are very open about their illness experience. As a result, I am more willing to share my experience. I am also happy to tell you that nowadays the clinical staff are more caring and accepting to our views," said Madam YP, another service user who joined the service user group in one of the local psychiatric units.



Symposium of the Clinical Division on 9 Oct 2010

A full day symposium was held successfully on 9 Oct10 at Sheraton Hotel. It was attended by more than 100 people, including psychiatrists, allied health professionals, care-givers and service users. The symposium covered a wide range of topics, including clubhouse model, recovery support service development, user participation in rehabilitation ward, NGO perspectives about future model of community-based rehabilitation, caregivers' perspectives, and training of rehabilitation psychiatrists. It was a very good occasion for participants to share and learn from each other.

Upcoming events

- Discussion on the core competencies in rehabilitation psychiatry in Hong Kong.
- Scientific symposium on recovery work by Prof Helen Killaspy in October 2011
- Our next meeting on 18 May 2011

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