



Central Commissioned Training in Psychiatry 2010-11

## Borderline Personality Disorder:

Recent Advances in Aetiology, Course and Treatments



**Overseas Speaker:** **Prof. Anthony W Bateman** MA FRCPsych

Director, Psychotherapy Services and Research Lead, St. Ann's Hospital  
Visiting Professor, University College London  
Chief Examiner, Royal College of Psychiatrists, UK

**Date** 5 & 6 March, 2011

**Time** 9 am – 5 pm

**Venue** Lecture Theatre, G/F, Centre for Health Protection,  
147C Argyle Street, Kowloon

**Organizers** Hospital Authority & Hong Kong College of Psychiatrists

**Enrollment Deadline: 21 February 2011**



All doctors, nurses and allied health colleagues are welcomed.  
CME / CNE (Pending)

Enquiries: 2300 6256 (Ms Maggie LEE) and 2300 6689 (Mr. Gary CHING)

## Abstract:

In this workshop a general overview of the theory and clinical treatment of borderline personality disorder will be given. But the emphasis will be on how theory informs clinical practice. Day 1 will provide a theoretical base relevant to all clinicians and those managers responsible for service delivery. Day 2 will cover essential clinical interventions that can be used by all clinicians treating patients with Borderline Personality Disorder (BPD). Finally the concept of mentalizing as a unifying feature of all therapies used to treat patients with BPD will be outlined. Mentalization is the process by which we implicitly and explicitly interpret the actions of ourselves and others as meaningful on the basis of intentional mental states (e.g., desires, needs, feelings, beliefs, & reasons). The aim of most treatments for BPD is to increase this capacity in order to ensure better regulation of affective states and to increase interpersonal and social function. Some specific aspects of this treatment will be discussed and contrasted with other treatments for borderline personality disorder using clinical examples.

## Programme Rundown:

**Day 1** 5 March 2011 (Saturday)

Venue: Lecture Theatre, G/F, CHP

<b>Chairperson: Roger NG, FHKAM (Psychiatry),</b> Chief of Service, Department of Psychiatry, Kowloon Hospital	
09:00 – 09:15	Reception and registration
09:15 – 10:45	Overview and Theory of Borderline Personality Disorder (BPD)
10:45 – 11:00	Tea Break
11:00 – 12:00	Current Biological Model of BPD
12:00 – 12:30	Principles of Treatment of BPD: The Use of Medications
12:30 – 13:30	Lunch
<b>Chairperson: Dr. Phyllis CHAN, FHKAM (Psychiatry)</b> Consultant, Department of Psychiatry, Queen Mary Hospital	
13:30 – 15:15	Current Psychological Model of BPD
15:15 – 15:30	Tea Break
15:30 – 16:15	Evidence Base for Various Treatment Modalities Including Pharmacotherapy
16:15 – 16:45	Discussion / Q&A

**Day 2** 6 March 2011 (Sunday)

Venue: Lecture Theatre, G/F, CHP

<b>Chairperson: Dr. Teresa CHAN, FHKAM (Psychiatry),</b> Senior Medical Officer, Department of Psychiatry, Tai Po Hospital	
09:00 – 09:15	Reception and registration
09:15 – 10:45	Psychological Treatments (Supportive Psychotherapy and Others)
10:45 – 11:00	Tea Break
11:00 – 11:45	Case Discussion 1
11:45 – 12:30	Case Discussion 2
12:30 – 13:30	Lunch
<b>Chairperson: Dr. May MIAO, FHKAM (Psychiatry)</b> Senior Medical Officer, Department of Psychiatry, United Christian Hospital	
13:30 – 15:00	Mentalization Enhancing Interventions
15:00 – 15:15	Tea Break
15:15 – 16:00	Case Discussion 3
16:00 – 16:30	Conclusion / Q&A