

## Call for Abstracts

The Scientific Committee cordially invites you to submit free papers for oral presentation at the meeting. The deadline for submission is 17 January 2011 and e-notification will be informed on or before 31 January 2011 for successful application. For more information about submission guidelines, please visit [www.hksbp.org](http://www.hksbp.org).

## Registration

Registration must be made through the official Registration Form enclosed, which can also be downloaded from our official website [www.hksbp.org](http://www.hksbp.org). Payment can be made by cheque, bank draft or telegraphic transfer (all bank charges should be handled by participants) in HK Dollars, and be made payable to "Hong Kong Society of Biological Psychiatry Limited".

## Organizing Committee

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## Acknowledgements

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The 5<sup>th</sup> Annual Scientific Meeting  
Hong Kong Society of Biological Psychiatry

# Biological Social Psychiatry

19 - 20 March 2011 (Saturday & Sunday) • Hong Kong

## Annual Scientific Meeting

Registration Deadline:  
28 February 2011, Monday

## Call for Abstracts

Submission Deadline:  
17 January 2011, Monday

[www.hksbp.org](http://www.hksbp.org)



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## Biological Social Psychiatry

19 - 20 March 2011 (Saturday & Sunday) • Hong Kong



### Welcome message from the President

#### Welcome to the HKSBP 5<sup>th</sup> annual scientific symposium!

Psychiatry is medicine of the brain. The human brain is the most complex organ in the human body and we are far from understanding many of its functions. Because of this, clinical psychiatry has generally concerned itself with the most serious brain disorders which led to major and observable disturbances in human behavior, such as schizophrenia and dementia. Terms such as "crazy", "retarded" or "mental disorders" were often used by non-clinicians to describe unfortunate patients suffering from these serious disorders. Treating "crazy behavior" was perceived as equivalent to what psychiatry was about. This biased and ignorant perception of psychiatry has resulted in the prejudiced attitude towards psychiatry for many years. As a result, the brain was an "untouchable" organ. The brain could never go wrong. Although the brain is a vital organ, brain examination has never been part of a general routine physical examination.

Advances in neurosciences and brain medicine have now begun to change the scope of psychiatry. Treatment of major depression, anxiety disorders, psychosomatic disorders, ADHD and many behavioral problems related to disorders of brain function have rapidly expanded the field of clinical psychiatry. One of the most significant changes in psychiatry in the last decade has been in the field of social psychiatry. Social psychiatry used to be in the backwater of medicine. Though important to the understanding of abnormal human behavior and a very interesting subject in itself, it was difficult to associate social psychiatry with the biology of the brain. It was difficult to relate the knowledge of brain medicine, e.g. neurobiochemistry, neuro-psycho-pharmacology, neurophysiology to the subject matters of social psychiatry.

Research using new biological tools in the past decade has revolutionized the understanding of normal and abnormal human social behavior. Presentations by Professors Carter, Porges, Yamawaki and Leonard and other local researchers in this symposium of the Hong Kong Biological Psychiatry represent some of the most important works enabling us to understand human social interaction such as love, attachment, bonding and stress in biological terms. Together, the rapidly accumulating volume of work in this field has created an international impetus towards an emerging field of medicine, which I call "Biological Social Psychiatry".

Hope you enjoy this meaningful event!

**Siu Wa Tang**  
President, HKSBP

### Programme

19 March 2011, Saturday

Ching Room, 4/F., Sheraton Hong Kong Hotel & Towers, Tsim Sha Tsui, Kowloon

#### Opening Ceremony & Welcome Dinner

18:30	Registration and Cocktail Reception	
19:20	Welcome Speech by President of HKSBP	Prof Siu-Wa TANG
19:30	<b>Literacy and Expression of Emotion</b>	Prof Siu-Wa TANG
20:15	Discussion and Q&A	
20:30	Dinner	

20 March 2011, Sunday

Crystal Ballroom, Level B3, Holiday Inn Golden Mile Hong Kong, Tsim Sha Tsui, Kowloon

#### Annual Scientific Meeting

08:30	Registration	
08:50	<b>Introduction: An Evolving New Discipline in Psychiatry: Biological Social Psychiatry</b>	Prof Siu-Wa TANG HKSAR, China
09:00	<b>Neuroimaging of Social Brain: Focused on Positive and Negative Social Experience</b>	Prof S. YAMAWAKI Hiroshima, Japan
10:00	<b>The Healing Power of Love: An Oxytocin Hypothesis</b>	Prof C. Sue CARTER Chicago, USA
11:00	Tea Break	
11:20	<b>Free Paper Presentation</b>	
12:20	Lunch / HKSBP 4th AGM (HKSBP members only)	
13:50	<b>Social Behavior: An Emergent and Adaptive Property of the Autonomic Nervous System</b>	Prof Stephen W. PORGES Chicago, USA
14:50	Tea Break	
15:10	<b>Stress, Inflammation and Mental Illness</b>	Prof Brian LEONARD Galway, Ireland
16:10	Closing	
		OC Chairman