



香港精神科醫學院

The Hong Kong College of Psychiatrists Ltd.

Website: <http://www.hkpsych.org.hk/>

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Newsletter #5-2019

23 December 2019

Dear Fellows, Members, Inceptors and Affiliates,

I. Revision of Annual Subscription Fee

Please be informed that the proposal to revise the annual subscription fees for members of various categories will come into effect in 2020. They are listed in the following table:

Category	Rate since 2015	New Rate
Annual Subscription Fee for Fellow	\$2,500	\$3,500
Annual Subscription Fee for Fellow (Overseas)	\$1,000	\$1,500
Annual Subscription Fee for Fellow (Retired) or (> or =65)	\$1,000	\$1,500
Annual Subscription Fee for Member/Inceptor	\$1,500	\$2,000
Annual Subscription Fee for Affiliate	\$1,000	\$1,500

The last increase of annual subscription was in 2015. Over the past five years, the College experienced fiscal surplus in the year 2015, 2018 and 2019 through organisation of seminars and international conferences, provision of training service for professional groups, and gains from stocks dividends. The surplus yielded have been used to cover the running cost of the College Chamber, the College's work on anti-stigma and public education in terms of public talks, youth education and engagement activities, production of the College Journal, as well as to offset the fiscal deficits that were encountered in the year 2016 & 2017. In light of the rise of various operational costs such as rental of the College Chamber, storeroom, and management fee charged by the Hong Kong Academy of Medicine, clerical expenses such as staff salaries and MPF contributions, and several potential projects that have been under discussions such as e-profoilo and revamp of the College website, the College Council had discussed and proposed an increase of HKD1,000 annual subscription fee for Fellows, HKD500 for Overseas/Retired/Aged 65 or above Fellows, Members, Inceptors and Affiliates of the College starting from 2020. The proposal was further discussed and endorsed at the Annual General Meeting of the College on 14 December 2019.

II. Care4ALL Programme

The Care4ALL programme has been rolled out since August 2019 with over 80 fellows enrolled as volunteering psychiatrists. This three tier care programme consists of several components including prevention, early intervention and promotion of recovery from mental health distress associated with the recent social unrest in Hong Kong. The College has set up an enquiry hotline which allows people to call in anonymously. Those who are eligible for the Care4ALL Programme will be assigned to a psychiatrist for proper diagnosis and assessment of needs. We have recently expanded our programme to include psychosocial services, as we believe such a collaborative care model would be most beneficial for participants.

The operational cost of the Care4ALL programme is fully subsidised by two generous donors who would like to keep their names anonymized, had studied and accepted our funding proposals. Apart from the two lump sum donations, the programme also received support from a few pharmaceutical

companies. The funding covers the administrative expenses of the two staff recruited for the programme, organisation of mental health workshops and lectures, flyers and videos for promotion of mental well-being, psychiatric consultations and medication fees for eligible participants. As of 10 December 2019, over 170 enquiries have been received through the programme hotline and around 70 callers were eligible for the programme for psychiatric treatments. The College would like to express deep appreciation to all volunteering psychiatrists rendering their support for the programme in the past four months. The donations received will allow the Care4ALL programme to be extended until December 2020 and to offer each participant with maximum 8 psychiatric consultation sessions subject to case complexity at a concessional rate of HK\$800 per session. We would like to appeal to all fellows to be part of the programme and join as a volunteering psychiatrist to offer your support during this unprecedented difficult time in our society. Fellows who are interested to join as a volunteering psychiatrist may contact Ms Sandy Leung via email at care4all@hkpsych.org.hk.

III. Announcement from the Board of Examiners

The application deadlines to the Board of Examiners for major/minor change of approved Part III protocol have been combined. Starting from 2020, if a candidate wants to change his/her approved project protocol, he/she should make the application to the Board of Examiners by 30 June of the year of examination. Such application would be subjected to a charge of HKD1,000 per application for change of protocol. The revised Part III candidate guide has been posted on the College exam webpage: https://www.hkpsych.org.hk/index.php?option=com_content&view=article&id=19&Itemid=303&lang=en

IV. Announcement from the Education Committee

New CME / CPD Principles and Guidelines 2020-22

A revised set of CME/CPD Guidelines has been approved and will be effective from 1 January 2020. CME for item 5.8 (Undergraduate and Postgraduate Teaching) has been adjusted with the cap from 5 points to 15 points per cycle. A new item 5.17 (Public Education for speakers/authors appointed by the College to deliver public education talks/writing articles in mental health) would be added. Up to 2 CME/CPD Points may be granted per lecture / per article. A maximum of 6 CME/CPD Points per three year cycle. The guideline can be downloaded from the College website www.hkpsych.org.hk

Revision of Training Handbook

The Education Committee would like to inform fellows that the updated version of the training handbook has been posted on the College website at www.hkpsych.org.hk. Item 2.6 (Leave Policy) has been added in the handbook and item 2.7.10 (Psychotherapy training) has been revised. A checklist has been added for training requirements and verification of 6 years of psychiatric training in Appendix 3.

V. Photo session

A photo session has been included in the appendix of this newsletter to share with all members some of the recent events of the College.

VI. Change in Contact Details and/or Status

Fellows, Members, Inceptors and Affiliates are reminded to inform the College for any change in correspondence address and/or status from time to time. The relevant form is enclosed with this newsletter.

The College wishes all Fellows, Members, Inceptors and Affiliates a Merry Christmas and Happy New Year.

Thank you for your attention.

Dr. CW LAW
Honorary Secretary
The Hong Kong College of Psychiatrists



The Hong Kong College of Psychiatrists Ltd.
香 港 精 神 科 醫 學 院

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Notification of Change of Personal Particulars

Name (in block letters):	<input type="checkbox"/> Prof. <input type="checkbox"/> Dr. <input type="checkbox"/> Mr. <input type="checkbox"/> Ms. <input type="checkbox"/> Miss	
With effect from _____, please change my records as follows:		
New correspondence address:		
Room/Flat:	Floor:	Block:
Name of building/estate:		
No. and name of Street/Road:		
District:		Hong Kong / Kowloon / NT
Postal code:		
Country:		
New correspondence contact numbers / e-mail address:		
Office telephone no.		
Facsimile No.:		
Mobile phone/pager:		
E-mail address:		
Change of status: (For Fellows Only if applicable)		
Current status:		
<input type="checkbox"/> Public sector (HA/University)		<input type="checkbox"/> Private sector
<input type="checkbox"/> Retired		<input type="checkbox"/> Overseas
New status:		
<input type="checkbox"/> Public sector (HA/University)		<input type="checkbox"/> Private sector
<input type="checkbox"/> Retired		<input type="checkbox"/> Overseas

Signature: _____

Contact telephone number: _____

Date: _____

Organized by:



Care4ALL Programme

Volunteer Consultation Service

Providing preliminary assessment and consultation in the community for those with suspected mental health issues triggered by recent social unrest

Target Participants

- ✦ Facing mental health issues, directly related to recent social unrest, in need of psychiatric assessment and care
- ✦ Not currently involved in legal investigations or proceedings
- ✦ Interested in receiving psychiatric assessment for a maximum of 8 sessions
- ✦ Not under psychiatric care (public / private) over the past 2 years



- ✦ Medications can be purchased from private psychiatric clinics or community dispensaries
- ✦ Appropriate referrals to the Hospital Authority or other clinical services will be arranged if deemed necessary
- ✦ The college will provide support for medication expenses subject to the availability of donated funds



Details

Duration:
August 2019 – December 2020

Venue:
✦ Caritas NGO centres
✦ Private Psychiatric Clinics

Programme General Enquiry Hotline: 6020 2493

Photos session for College recent events



Mental health workshop and radio interview conducted for the Care4ALL programme



30 November 2019, Electroconvulsive therapy (ECT) training for trainees



Some of our local examiners, members of the Board of Examiners together with the two external examiners of the Year-end Fellowship examinations of the College

Photos session for College recent events



14 December 2019, Introduction to Psychiatry Specialty Training for Interns



14 December 2019, 30th Annual Scientific Symposium



14 December 2019, Fellowship and Membership Conferment Ceremony