

Abstract

Objective This study seeks to develop and validate a local Chinese Recovery Scale (CRS) for psychotic patients. **Method:** This is a cross sectional study carried out in Kowloon Hospital, recruiting psychotic patients receiving treatment in the out-patient and day-patient settings. A questionnaire developed based upon the finding of a qualitative study in a local focus group meeting of psychotic patients was subjected to validation by reliability test and by factor analysis. Its psychometric properties was studied by its correlation with various psychological functioning scales including the Beck Depression Inventory, Beck Hopelessness Scale, Self –report Insight Scale, Rosenberg Self Esteem Scale, the COPE scale and Brief Psychiatric Rating Scale (BPRS). **Results:** 172 participants were recruited for validation of this new Chinese Recovery Scale. The Chinese Recovery Scale (CRS) was found to have satisfactory internal consistency. Factor analysis and test-retest analysis finally generated a 15-item instrument segregated into four factors. The construct of recovery as measured by the Chinese Recovery Scale was found to have correlation with various psychological functioning status that converged with findings of previous studies. **Conclusion:** The Chinese Recovery Scale is a satisfactory measure for assessment of the concept of recovery. The construct of recovery is a complex one with variable correlation in relation to various psychological functioning status. (**Keywords:** Recovery, Chinese, Scale, Hope, Depression, Self-Esteem, Insight, Coping)