



Clinical Division of Psychotherapy, Education Committee  
Scientific Committee  
The Hong Kong College of Psychiatrists

**Contemporary Psychodynamic Psychotherapy Conference 2016**  
**Healing through Empathic Attunement**  
**Cum Annual General Meeting of Clinical Division of Psychotherapy**

**Date:** 4th to 5th November, 2016 (Friday to Saturday)

**Venue:** James Kung Meeting Room, 2/F, the Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

**CME:** Psychiatrists: 6 CME points under PP/CP (List A) per day MCHK: Pending

As psychotherapy training has become a mandatory requirement for psychiatric trainees in Hong Kong, more trainees have the opportunities to use long term psychotherapy to treat complicated mental health problems and we would like to provide an occasion for trainees and psychiatrists to share with us their experiences of treating patients with long term psychodynamic therapy.

The Annual General Meeting of the Division of Psychotherapy 2016 will take place on 4<sup>th</sup> November 2016 after the first day of the conference.

**Program outline**

**Day 1 – 4th November, 2016 (Friday)**

**Moderator:** Dr Dickson LY CHOW

- 0830 – 0900 Registration and Opening Remarks
- 0900 – 1030 ***Lecture: “A Kohutian theory of narcissism” -- Dr Ronald LEE***
- 1030 - 1045 Tea Break
- 1045 – 1215 ***“The frightened mother and the furious daughter – treatment of a dyad with disorganized attachment” – Dr Irene WK KAM***
- 1215 – 1330 Lunch
- 1330 – 1500 ***“The boy who refused school” – Dr Miranda WT CHAN***
- 1500 – 1515 Tea Break
- 1515 – 1645 ***“Psychotherapy in wonderland: a journey with my ‘psychotic’ patient” – Dr Joyce SY CHOW***
- 1645 – 1700 Discussion
- 1700 – 1800 ***Annual General Meeting of Clinical Division of Psychotherapy 2016***

## Day 2 -- 5th November, 2016 (Saturday)

Moderator: Dr Teresa SF CHAN

- 0900 – 1030 **Lecture: “Freud, Kohut and Kernberg – Narcissism” -- Dr Ronald LEE**
- 1030 – 1045 Tea Break
- 1045 – 1215 **“Finding emotional home in the therapeutic dyad” – Dr Chee-hung CHAN**
- 1215 – 1330 Lunch
- 1330 – 1500 **“Opening a Pandora’s Box: psychotherapy for a ECT-resistant depressive patient” – Dr Jessica OY WONG**
- 1500 – 1515 Tea Break
- 1515 – 1645 **“The man who lost himself” – Dr Oscar WH WONG**
- 1645 – 1700 Discussion and Closing

### Presenters:

#### **Dr Ronald LEE**

Dr LEE is a very experienced psychotherapist and an expert in Self Psychology. He has taught and practiced widely in USA and Australia in the past 48 years, and he is still supervising a lot of therapists in their clinical practice, including psychiatric trainees in St Vincent’s Hospital, Melbourne and our local psychiatrists. He is a registered psychologist and former Professor of Pastoral Counseling at Garrett Theological Seminary & Northwestern University, USA. His book publications include “*Psychotherapy after Kohut*”, “*Five Kohutian Postulates*” and “*Special Positive Experiences: From Youthfulness to WEACH*”.

#### **Dr Chee-hung CHAN**

Dr Chan graduated in the Hong Kong University Medical Faculty in 1981 and obtained his psychiatric qualification from the Royal College of Psychiatrists, UK, in 1989. He started his private practice in 1990 and started to be interested in psychoanalytic psychotherapy. He learned from a psychoanalyst trained with Object Relations Theories in the UK, Ms Dorcas Shuen, through sharing cases with her. Together they established the Hong Kong Psychotherapy Center in 1997 and started to pioneer trainings in psychotherapy through small group analysis in Hong Kong. Renowned psychoanalysts and psychiatrists from the UK were invited through the years to hold training groups and workshops for their trainees who came from the fields of psychiatry, nursing, counseling, clinical psychology, education and pastoral care. The list of trainers included Dr Janet Boakes, Dr Malcom Pines, Dr Dennis Brown, Dr Anthony Garelick, Dr Morris Nitsun, Dr Patrick De Mare, Dr Caroline Lindsey and Dr Anthony Bateman. Dr Chan later established the Alliance Holistic Care Center with a few psychiatrists and clinical psychologists in 2003 and has been giving out supervision to counselors there since. Dr Chan has been under the supervision of Dr Ron Lee since 2014 and has been greatly benefited with

this.

### **Dr Miranda WT CHAN**

Dr Chan, MBChB, MRCPsych, FHKAM (Psych), FHKCPsych developed interests in psychotherapy during her postgraduate psychiatric training. She worked and trained in the Psychotherapy Team of Tai Po Hospital. Miranda has particular interests in psychodynamic psychotherapy and had completed the two-year training programme in psychoanalytic psychotherapy organized by the China American Psychoanalytic Alliance (CAPA). Miranda is currently an Associate Consultant in the Psychiatric Department of United Christian Hospital, Hong Kong.

### **Dr Joyce SY CHOW**

Dr Chow graduated from the Faculty of Medicine, The Chinese University of Hong Kong, in 2005 and obtained her fellowship in psychiatry in 2012. From 2012, she has been serving as an Associate Consultant in General Adult Psychiatry at Castle Peak Hospital.

Dr Chow developed her interest in psychotherapy during her training years in the psychiatric unit of the New Territories East Cluster (NTEC), where she had conducted psychotherapies under the supervision of Prof Sandra Chan, Dr Teresa Chan, Dr Dickson Chow and Dr Irene Kam. Throughout the years, Dr Chow had completed the two-year training programme in psychoanalytic psychotherapy organized by the China American Psychoanalytic Alliance (CAPA), certificate course in family therapy by The University of Hong Kong Family Institute and training in mentalization based therapy by Anna Freud Centre, London.

Dr Chow continues her psychotherapy work in Castle Peak Hospital. From 2013, she has been appointed as psychotherapy supervisor by the Hong Kong College of Psychiatrists. Dr Chow has also been invited as a speaker in psychotherapy case conference in Master of Science/ Postgraduate Diploma Programme in Mental Health by the Chinese University of Hong Kong since 2013.

### **Dr Irene WK KAM**

Dr Kam is an Associate Consultant working in the Department of Psychiatry, Tai Po Hospital. She is particularly interested in Intersubjective psychotherapy and Systemic Family Therapy and she has used psychotherapy to treat patients with personality disorders and complicated mental health problems. She is also a psychotherapy trainer for psychiatric trainees of the Hong Kong College of Psychiatrists.

## Dr Jessica OY WONG

Dr Wong is a Consultant of General Adult Psychiatric Team of Castle Peak Hospital, Hong Kong. She completed her basic medical degree in the University of Hong Kong in 1994. She has been a member of the Royal College of Psychiatrist, UK since 1999. She became a Fellow of Hong Kong College of Psychiatrists and Fellow of Hong Kong Academy of Medicine (Psychiatry) in 2004. She has been under supervision by Dr Ronald Lee since 2011. In addition to psychodynamic psychotherapy, she also has interest in Mindfulness based cognitive therapy and Acceptance and Commitment therapy.

## Dr Oscar WH WONG

Dr Wong is currently a resident trainee at the Tai Po Hospital. He has been working in the General Adult Team over the past years with special interest in psycho-social intervention in psychiatry and neuroscience. He has been supervised by Dr Irene Kam on his psychotherapy work.

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The Lilly logo is written in a red, cursive script font.The GSK logo consists of the lowercase letters 'gsk' in white, set against an orange-to-yellow gradient circular background.The Pfizer logo features the word 'Pfizer' in white, italicized, sans-serif font, enclosed within a blue oval shape.The Otsuka logo includes a blue, teardrop-shaped icon with a red dot at its base, followed by the word 'Otsuka' in a blue, sans-serif font.

## Registration Form

Name: (Prof/Dr./Mr./Ms.)\*: \_\_\_\_\_

Occupation: \_\_\_\_\_

Position held: \_\_\_\_\_ Place of work: \_\_\_\_\_

Postal address: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone (Mobile/Office)\*: \_\_\_\_\_

I will attend:	<input type="checkbox"/> Full conference	<input type="checkbox"/> Day 1 only	<input type="checkbox"/> Day 2 only
I <input type="checkbox"/> am <input type="checkbox"/> am not a member of the Clinical Division of Psychotherapy			

### Registration Fees:

<b>Early Bird (<u>before 30 Sep</u>)</b>	Member:	<input type="checkbox"/> \$1,980 (Full)	<input type="checkbox"/> \$1,080 (1 day)
	Non-member:	<input type="checkbox"/> \$2,200 (Full)	<input type="checkbox"/> \$1,200 (1 day)
<b>Regular</b>	Member:	<input type="checkbox"/> \$2,250 (Full)	<input type="checkbox"/> \$1,260 (1 day)
	Non-member:	<input type="checkbox"/> \$2,500 (Full)	<input type="checkbox"/> \$1,400 (1 day)

**Registration Fee will be exempted for presenters.**

**Please complete the registration form and return it with payment of registration fee by crossed cheque payable to**

**“The Hong Kong College of Psychiatrists., Limited” to:**

**Ms Janice Ng, Room 906, 9/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK**

Remarks:

1. Seats are limited and would be given on a first-come-first-serve basis.
2. Enrolment will be confirmed ONLY when full payment has been received by The Hong Kong College of Psychiatrists Limited.
3. All fees are non-refundable.
4. If the Typhoon Signal No. 8 or above, or the Black Rainstorm Warning Signal is hoisted, the workshop will be cancelled. Details of postponement will be announced later.
5. For enquiries, please send your email to [janice@hkpsych.org.hk](mailto:janice@hkpsych.org.hk) or call **2871 8776**.