



Clinical Division of Psychotherapy, Education Committee
Scientific Committee
The Hong Kong College of Psychiatrists

Treating Adult Patients by treating their Families – Bringing Family therapy to Psychiatry

A one-day workshop with Dr Wai-Yung Lee, Dr Dickson Chow, Dr Miranda Chan, Dr Irene Kam, Dr Stephen Chau and Dr Alex Cheung

Date: 10th September, 2016 (Saturday)

Time: 9:00 a.m. to 5:30 p.m.

Venue: James Kung Meeting Room, 2/F, the Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen

Fee: \$1,200

\$1,000 (Early bird before 31st July, 2016 or members of Clinical Division of Psychotherapy)

CME: Psychiatrists: 6 CME points under PP/CP (List A) MCHK: Pending

Although psychiatry played an important role in the development of family therapy, the systemic approach is not always part of the current psychiatric practice. In this one-day workshop, a group of psychiatrists will share their experiences in adopting the family systems approach to deal with individual psychopathology, specifically Depression. Using DVD segments of actual case scenarios, they will discuss their journey in seeking a treatment that focuses on relationship, which goes beyond prescribing medication.

The data in this project was based on a training program offered by the Asian Academy of Family Therapy. Dr Wai-Yung Lee, the trainer and Clinical Director of the project, will participate in this workshop and offer the theoretical framework and technical consideration in bringing family therapy back to psychiatry.

About the presenters

Wai-Yung Lee, Ph.D., AAMFT Approved Supervisor, is the Clinical Director of the Asian Academy of Family Therapy. Recipient of the 2014 AFTA's Distinguished Contribution to Family Therapy Theory & Practice Award, the first time this prestigious award is given to a therapist in Asia, she has delivered keynotes and conducted workshops in America, Europe, and Asia. Much of her work in addressing children's behavior in the family context had been considered monumental and has paved the way in expanding the relational dynamics to the work on a number of projects including trans-generational families and children in divorce families.

Miranda Wai-Tuen Chan, M.B.,Ch.B, MRCPsych, FHKAM (Psych), FHKCPsych developed interests in psychotherapy during her postgraduate psychiatric training. She worked and trained in the Psychotherapy Team of Tai Po Hospital from 2010-2016. Miranda has particular interests in psychodynamic psychotherapy. She had completed the two-year training programme in psychoanalytic psychotherapy organized by the China American Psychoanalytic Alliance (CAPA). She is the Secretary of the Psychotherapy Division under the Hong Kong College of Psychiatrists. Miranda is currently an Associate Consultant working in the Department of Psychiatry, United Christian Hospital

Steven Wai-Ho Chau, M.B.,B.S., MRCPsych, is a resident psychiatrist working in Tai Po Hospital. He works with general adult patients and has special interest in psychosocial intervention.

Alex Lap-Kei Cheung, M.B.,B.S., FHKAM (Psych), is a resident specialist working in the adult psychiatry team, Department of Psychiatry, Tai Po Hospital.

Dickson Lai-Yin Chow M.B.,Ch.B, MRCPsych, FHKAM(Psych), FHKCPsych is a specialist in Psychiatry currently working at the Psychiatric Clinic of Prince of Wales Hospital. He was a former psychotherapy trainer of the Hong Kong College of Psychiatrists and graduated with a Graduate Diploma in Child Psychotherapy Studies from the Monash University of Australia. He has years of experience in working with child, adolescent and adult patients with psychiatric problems; and has always been intrigued by the complex relational dynamics within families. He has been taught and inspired by Dr Lee in the Advanced Certificate course in Family Therapy organised by the Asian Academy of Family Therapy for the past 2 years

Irene Wai-Kwok Kam M.B.,Ch.B, MRCPsych, FHKAM(Psych), FHKCPsych is an Associate Consultant working in the Department of Psychiatry, Tai Po Hospital. She is also a psychotherapy trainer of the HK College of Psychiatrists and the Convener of the Division of Psychotherapy. She is particularly interested in Intersubjective Self Psychology and working with patients with personality disorders.

Program

08:45 – 09:00	Registration
09:00 – 10:15	Case 1 – A father with Post-traumatic stress and Depression – <i>Dr. Dickson Chow/ Dr. Wai-Yung Lee</i>
10:15 – 10:30	Break
10:30 – 11:45	Case 2 – A grandmother with Depression – <i>Dr. Miranda Chan/ Dr. Wai-Yung Lee</i>
11:45 – 13:00	Lunch
13:00 – 14:15	Case 3 – A father with Depression and Alcohol Dependence – <i>Dr. Irene Kam/ Dr. Wai-Yung Lee</i>
14:15 – 15:30	Case 4 – A father with Anxiety Depression – <i>Dr. Steven Chau/ Dr. Wai-Yung Lee</i>
15:30 – 15:45	Break
15:45 – 17:00	Case 5 – A son with Depression and Personality Disorder – <i>Dr. Alex Cheung/ Dr. Wai-Yung Lee</i>
17:00 – 17:30	General discussion and conclusion - <i>Dr. Wai-Yung Lee</i>

Registration Form

Name (Prof/Dr/Mr/Ms): _____ Occupation: _____

Position held: _____ Hospital/Place of work: _____

Postal address:

Phone (Home/Office): _____ Fax: _____

E-mail: _____ Mobile: _____

Please complete and return the registration form with a crossed cheque of your registration amount payable to The Hong Kong College of Psychiatrists Limited by post to: Ms. Janice Ng, Room 906, 9/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, HK,

For enquiries, please contact Ms. Janice Ng at Tel: 2871 8776 or by email janice@hkcppsych.org.hk