



Integrative Psychodynamic Psychotherapy Workshop

by Professor Ronald Teague
23-24 and 28 -29 January 2016



Workshop Part I: Using a Multi-axial Developmental Evaluation in Dealing with Difficult Clinical Cases

Dates: 23-24 January 2016 (Saturday-Sunday)

Time: 9:15 a.m. to 5:00 p.m.

Venues: 23 Jan – LT1, ELB, UG, Esther Lee Building, The Chinese University of Hong Kong

24 Jan - YIA LT6, 2/F, Yasumoto International Academic Park, The Chinese University of HK

Outline

Every psychotherapist knows the importance of a good clinical evaluation in dealing with mental health patients. One of the essential parts of a good clinical evaluation in psychodynamic psychotherapy is an appraisal of the psychosexual development of a patient. This is even more important when the psychotherapist is confronted with a complex and difficult patient. Failure to quickly and clearly ascertain the developmental level of a patient often leads to therapeutic missteps that become difficult to correct and complicate treatment.

One of the biggest problems facing a psychodynamic psychotherapist is the lack of training in how to efficiently assess a patient's unconscious mental processes that are pathological and are causing the patient real emotional distress. What contributes to a clinician's clumsiness in evaluating the patient's unconscious mental processes promptly is that often he or she has been trained in only one psychodynamic system. A patient might look more or less normal when viewed by one psychodynamic system but appear quite disturbed when viewed by another.

What is needed is a way of using several psychodynamic systems in a multi-axial approach to patient mental development. This class will propose such a model. It will examine the developmental models of Freud, Jung, Erickson and others in an attempt to provide the student a better clinical armamentarium with which he or she can more quickly evaluate a patient's unconscious mental process.

This class is recommended for psycho-dynamically informed psychotherapists who feel that they cannot easily evaluate difficult clinical cases. It is also recommended for clinicians who are just learning to conduct psychodynamic psychotherapy. This class is primarily a practical one. Although some theory will be presented, the class will focus on actual clinical cases. Students are very encouraged to bring in actual cases which they find difficult.

Topics that will be examined are:

1. Freud's developmental model
2. Anna Freud's development model of psychological defences
3. Jung's developmental model
4. Jung's psychological types
5. Erikson's developmental model
6. Kohlberg's Moral Development model
7. The Multi-axial model
8. Assessing Ego development and strength using the Multi-axial Model
9. Assessing Object Relations abilities using the Multi-axial model
10. Assessing Psychosexual stages of development using the Multi-axial model
11. Using the Multi-axial model to evaluate substance abusers
12. Using the Multi-axial model to evaluate sex offenders
13. Using the Multi-axial model to evaluate criminals
14. Using the Multi-axial model to evaluate psychotics
15. Using the Multi-axial model to evaluate patients who seem to be stuck in therapy
16. Using the Multi-axial model to evaluate confusing cases



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Workshop Part II: The Wrath of the Ancestors: Morality, Conscience and the Superego in Clinical Pathology-A Transcultural Integrated Psychodynamic Approach

Dates: 28-29 January 2016 (Thursday-Friday)

Time: 9:15 a.m. to 5:00 p.m.

Venue: Lecture Theatre, 1/F, Block J, Alice Ho Miu Ling Nethersole Hospital, Tai Po

Outline

In 1923 Freud published his ideas about the Superego in his work *The Ego and the Id*. Here he outlined his now famous structure of the human psyche that consists of the Ego, Id and Superego. Over time the Superego or *Über Ich*, became associated with the introjected cultural values of his clinical patients. For Freud these cultural values became one of the primary problems in neurotic patients psychology. In an attempt to become the Superego's, notions of perfection, patients exhaust themselves psychologically trying to accomplish what is essentially impossible. Psychoanalysis was developed to help a patient realize, in part, the excessive demands of the Superego, and to develop a more realistic way of living which modified the ethics of the Superego to fit the social demands of a patients actual life. Freud advocated for a ruthless examination of cultural values to ascertain which of these were pathogenic.

Jung on the other-hand thought that much of psychopathology resulted from a patients ignoring older cultural values in favour of more contemporary ones that alienate an individual from his or her essential self. For Jung Freud's revolutionary hypothesis was part of the tyranny of Modernism that causes modern psychopathology. Jung argued that Freud neglected to examine why certain values developed in the first place and that these values were legitimate responses to environmental demands that a culture faced over time.

This class will examine the problem of the Superego in light of an integrated psychodynamic model that assumes that Freud and Jung were both correct, but for different clinical problems. An informed clinician needs to understand both perspectives so that he or she can adjust the focus of psychotherapy to address the pathology presented by each patient. Seasoned psychotherapists know that in many respects each patient presents a unique individual psychology that exists in a collective background. Every patient and every psychotherapist is always looking for clues as to what makes up "Correct Conduct". All clinical cases revolve around this essential question.

Topics that will be examined are:

1. Freud's revolutionary ideas about the Superego
2. The influence and cultural biases of Modernism on Freud
3. Freud's ideas about the Superego in Clinical Practice
4. Jung's ideas about the Cultural Unconscious
5. The influence and cultural biases of Transcendent Kantian Rational Empiricism on Jung
6. Jung's ideas about the Cultural Unconscious in Clinical Practice
7. An integrated psychodynamic view of the problem of "Correct Conduct"
8. A method for ascertaining the therapist's and patient's differing and similar ethical assumptions in the clinical setting
9. How to determine which perspective to use with different clinical problems
10. How to resist and use patients attempts to envelop the psychotherapist in ethical projective identification
11. How to explore and use ethical counter-transferences and avoid rigid ethical assumptions in the clinical setting
12. How a psychotherapist can avoid getting lost in the confusing unconscious ethical assumptions in the patient.



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About the speaker

Ronald W. Teague, PhD, FAclnP, ABPP

Founding Professor

California School of Professional Psychology of Alliant International University

Specialties and Interests:

- Analytic Psychology (Jungian)
- Phenomenology and the Human Sciences
- Psycho-history and Psycho-Philosophical Dialogues

He taught at the Sacramento and Hong Kong Campuses where he was the director of the Analytic Psychology Emphasis. He teaches courses in

- Psycho-dynamic Psychotherapy,
- Analytic Psychology,
- The Clinical Use of Dreams,
- The Philosophical Underpinnings of Clinical Psychology,
- The Ethical and Legal Practice of Clinical Psychology,
- Human Science and Phenomenological Research Methods,
- Psycho-History,
- Psycho-Anthropology.

Professor Teague has taught at the California School of Professional Psychology for over 40 years. He is a Licensed Psychologist in the State of California, and Certified by the American Board of Psychoanalysis in Psychology. Professor Teague is a Fellow of both the American Academy of Clinical Psychology and the American Academy of Psychoanalysis in Psychology. He has been an Oral Examiner for the California Board of Psychology and the Founder of the San Joaquin Psychological Association. He has been sought by several Mental Health Institutions and professional groups. He has an active private practice in California.

Target participants:

Psychiatrists and psychologists who want to learn psychodynamic psychotherapy to help their clinical work and are motivated to seek further training through on-going clinical supervision will be most encouraged to join us. Other clinicians with adequate clinical experience are also welcome.

Remarks: Please note that a minimum of 30 participants is required for the workshop to proceed.

Moderators: Dr. Miranda Chan, Department of Psychiatry, Tai Po Hospital
Dr. Mark Wong, Department of Psychiatry, United Christian Hospital

CME/CPD: Psychiatrists - 5 CME points per day, 18 CME points for whole function under PP/CP (List A)
MCHK CME, CE and CPD are pending



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Course fees:

Early Bird (on or before 21 Dec 2015)		Fee
Members of the Clinical Division of Psychotherapy	4-day Workshop	\$3960
All students undertaking a University program in Medicine or Psychology (proof required)	2-day Workshop (Part I or Part II)	\$2160
Other categories	4-day Workshop	\$4400
	2-day Workshop (Part I or Part II)	\$2400
Normal Rate (after 21 Dec 2015)		Fee
Members of the Clinical Division of Psychotherapy	4-day Workshop	\$4500
All students undertaking a University program in Medicine or Psychology (proof required)	2-day Workshop (Part I or Part II)	\$2520
Other categories	4-day Workshop	\$5000
	2-day Workshop (Part I or Part II)	\$2800

Deadline of Registration: 7 January 2016

Organizers:

Clinical Division of Psychotherapy, the Hong Kong College of Psychiatrists



The Chinese University of Hong Kong





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Registration Form

Name (To be written on the certificate of attendance in English): _____

Title (Prof/Dr/Mr/Ms): _____ Tel: (Mobile) _____ Email: _____

Occupation: _____ Organization: _____

Corresponding address: _____

- Members of the Clinical Division of Psychotherapy
- All students undertaking a University program in Medicine or Psychology (proof required)

Payment (Please \checkmark as appropriate) (*Deadline for early bird: 21 Dec 2015*)

4-day Workshop 23-24 & 28-29 Jan 2016	<input type="checkbox"/> HK\$3960 (Early bird -Discount rate) <input type="checkbox"/> HK\$4400 (Early bird) <input type="checkbox"/> HK\$4500 (Normal rate -Discount rate) <input type="checkbox"/> HK\$5000 (Normal rate)
2-day Workshop 23-24 Jan 2016	<input type="checkbox"/> HK\$2160 (Early bird -Discount rate) <input type="checkbox"/> HK\$2400 (Early bird) <input type="checkbox"/> HK\$2520 (Normal rate -Discount rate) <input type="checkbox"/> HK\$2800 (Normal rate)
2-day Workshop 28-29 Jan 2016	<input type="checkbox"/> HK\$2160 (Early bird -Discount rate) <input type="checkbox"/> HK\$2400 (Early bird) <input type="checkbox"/> HK\$2520 (Normal rate -Discount rate) <input type="checkbox"/> HK\$2800 (Normal rate)

Cheque payable to The Hong Kong College of Psychiatrists Limited by post to: Ms. Janice Ng, Room 906, 9/F, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, H.K.

Signature: _____

Date: _____

Remarks:

1. Seats are limited and would be given on a first-come-first-serve basis (*member of Clinical Division of Psychotherapy of HK College of Psychiatrists and all students undertaking a University program in Medicine or Psychology will be given priority for registration*)
2. The organizer reserves the right to modify the programme and reject a registration at any point of time.
3. Registration will be confirmed only when full payment has been received by the College. Confirmation will be sent by email prior to the Workshop.
4. Official receipt will be issued at the registration counter on the first day of the Workshop.
5. All fees are non-refundable.
6. If the Typhoon Signal no. 8 or above, or the Black Rainstorm Warning Signal is hoisted, the Workshop will be cancelled. Details of further arrangement will be announced later.