



香港精神科醫學院

The Hong Kong College of Psychiatrists Ltd.

Website: <http://www.hkpsych.org.hk/>

Email: hkpsych@hkam.org.hk

Newsletter

#2-2014

9 June 2014

Dear Fellows, Members, Inceptors and Affiliates,

I. Position Statement on Gender Dysphoria (or Gender Identity Disorder in DSM-IV)

The College Council is aware of the recent discussions in the Society and the Legislative Council on Transgender Marriage. The College Council has prepared a draft position statement on Gender Dysphoria and would like to consult opinions from College Fellows on the draft before publication. Please provide your views on the draft position statement as detailed in Appendix 1.

Please send your opinions to us on or before **25 June 2014** by mail, electronic mail or facsimile to the following:

Mailing Address : The Hong Kong College of Psychiatrists
Room 906, 9/F
Hong Kong Academy of Medicine Jockey Club Building
99 Wong Chuk Hang Road
Aberdeen
Hong Kong

E-mail Address : sabrina@hkpsych.org.hk

Fax No. : (+852) 2870 1391

II. Announcement from the Education Committee

CME/CPD Information

The Education Committee would like to inform members that the List of CME/CPD activities for 2013 has been posted on the College website at: http://www.hkpsych.org.hk/index.php?option=com_docman&view=docman&Itemid=569&lang=en

The CME/CPD Guideline for the current cycle from 2014-2016 has also been made available on the College website at: [2014\)http://www.hkpsych.org.hk/index.php?option=com_content&view=article&id=20&Itemid=318&lang=en](http://www.hkpsych.org.hk/index.php?option=com_content&view=article&id=20&Itemid=318&lang=en)

III. Announcement from The Board of Examiners

External examiner of the year-end Fellowship Examinations 2014:

There will be two external examiners for the year-end Fellowship Examinations 2014. They are **Prof. David Griffith Cunningham Owens** who is currently the Professor of Clinical Psychiatry at the University of Edinburgh and Honorary Consultant Psychiatrist at the Royal Edinburgh Hospital, UK, invited through the Royal College of Psychiatrists of the United Kingdom; and **Dr. Murray Patton** who is currently the President of the Royal Australian and New Zealand College of Psychiatrists, and Clinical Director of Mental Health and Addictions Services and Director of Area Mental Health Services with Waitemata District Health Board (DHB). Both of them will take part in Part II clinical examinations (Patient Management Problems and Individual Patient Assessment) and Part III examination.

IV. World Psychiatric Association Regional Congress, Hong Kong 2014

The College will co-organise the World Psychiatric Association (WPA) Regional Congress with the WPA on 12-14 December 2014. The Congress venue will be the Hong Kong Convention and Exhibition Center. For further details, please visit the Congress website at www.wpa2014hongkong.org.

V. Announcement from the Sponsorships Committee

The College has offered sponsorships for the following Fellows to attend the International Congress of the Royal College of Psychiatrists to be held in London, UK from 24 to 27 June 2014:

- Dr Chung HO
- Dr Wai-chung LAM
- Dr Yin-kwok NG

VI. Change in Contact Details and/or Status

Fellows, Members, Inceptors and Affiliates are reminded to inform the College for any change in correspondence address and/or status from time to time. The relevant form is enclosed with this newsletter.

Thank you for your attention.

Dr. WH CHEUNG
Honorary Secretary
The Hong Kong College of Psychiatrists

Appendix 1

Position Statement of the College of Psychiatrists on Gender Dysphoria (or Gender Identity Disorder in DSM-IV)

Gender Dysphoria in the recently published *Fifth Edition of Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) has replaced the category of “Gender Identity Disorder” in DSM-IV. It refers to a condition where a person experiences clinically significant distress or impairment in social, occupational, or other important areas of functioning because there is a mismatch between their biological sex and gender identity.

Gender Dysphoria is manifested in a variety of ways, including strong desires to be treated as the other gender or to be rid of one’s sex characteristics, or a strong conviction that one has feelings and reactions typical of the other gender. Current scientific evidence suggests that both biological and psychosocial factors may influence the development of this condition. Gender Dysphoria can be complicated by adjustment problems, depression or anxiety, and associated with significant psychological distress and morbidity.

Treatment for Gender Dysphoria aims to reduce or remove the distressing feelings of the mismatch between biological sex and gender identity. People with Gender Dysphoria require full range medical support, not only in assessing and treating the condition, but also in managing the complications arising from the condition.

The Hong Kong College of Psychiatrists fully supports endeavours that promote the mental health of all people. We are committed to the provision of timely, comprehensive, multi-disciplinary psychiatric assessment, including the eligibility criteria and the evidential requirements for undergoing certain forms of treatment, such as hormone replacement, sex reassignment surgery, and the treatment of psychiatric morbidity in people with Gender Dysphoria.

The College opines that the issue of legal entitlement accompanying the new gender a person chooses goes beyond the medical perspective, and should be deliberated widely by the society.

Prepared by
The Hong Kong College of Psychiatrists
2 June 2014



For Fellows, Members, Inceptors and Affiliates of HKCPsych Only

The Hong Kong College of Psychiatrists Ltd.

香 港 精 神 科 醫 學 院

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 The Hong Kong College of Psychiatrists
 Room 906, Hong Kong Academy of Medicine Jockey Club Building,
 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
 (Fax. No. (852) 2870-1391)

Notification of Change of Personal Particulars

Name (in block letters):	<input type="checkbox"/> Prof.	<input type="checkbox"/> Dr.	<input type="checkbox"/> Mr.	
	<input type="checkbox"/> Ms.	<input type="checkbox"/> Miss		
With effect from _____, please change my records as follows:				
New correspondence address:				
Room/Flat:	Floor:	Block:		
Name of building/estate:				
No. and name of Street/Road:				
District:		Hong Kong / Kowloon / NT		
Postal code:				
Country:				
New correspondence contact numbers / e-mail address:				
Office telephone no.				
Facsimile No.:				
Mobile phone/pager:				
E-mail address:				
Change of status: (For Fellows Only if applicable)				
Current status:				
<input type="checkbox"/> Public sector (HA/University)		<input type="checkbox"/> Private sector		
<input type="checkbox"/> Retired		<input type="checkbox"/> Overseas		
New status:				
<input type="checkbox"/> Public sector (HA/University)		<input type="checkbox"/> Private sector		
<input type="checkbox"/> Retired		<input type="checkbox"/> Overseas		

Signature: _____

Contact telephone number: _____

Date: _____